Instructions: Show all work. Give exact answers (yes, that means fractions, square roots and exponentials, and not decimals) unless specifically directed to give a decimal answer. This will require some operations to be done by hand even if not specifically directed to. Be sure to complete all parts of each question.

1. A mass of 100 g stretches a spring 5 cm. If the mass is set in motion from its equilibrium position with a downward velocity of 10 cm/sec, and if there is no damping, determine the position y of the mass at any time t. When does the mass first return to equilibrium? (i.e. when is y=0?)